



Canmore Community Supports



These are challenging times. We are here for you.

Canmore Family and Community Support Services (FCSS) can connect you to community resources and services that can assist with housing, food, financial benefits/income tax prep, counselling, seniors and parenting support, and much more.

To Speak to Someone:

Phone: **403.609.3743** | Monday - Friday 8:30 a.m. - 4:30 p.m.
After 4:30 p.m. please phone: **211** | E-mail: fcssadmin@canmore.ca



24 hrs/day phone: 8-1-1 (Health Link) | 2-1-1 (All Resources) | 1.800.SUICIDE

Other Community Supports



Bow Valley Addictions & Mental Health Services

403.678.4696 | Monday to Friday | 8:30 a.m. - 4:30 p.m.

- Free walk-in counselling 2 - 9 p.m. | Canmore Hospital
- 24 Hour Help Line: 1.877.303.2642 (toll free)



Family Resource Network

frnadmin@canmore.ca | 403.678.2529

- Services and supports for families with children ages 0 - 18 years



Food Supports

- For a comprehensive list of food supports, visit canmore.ca/foodsupports



Debt, Credit & Money Help

1.888.294.0076 | moneymentors.ca

- Individual support and online courses



Canmore Job Resource Centre

109 - 710 10 Street | 403.678.6601

canmore@jobresourcecentre.com

- Resources, services, and expertise for an effective job search



YWCA Banff Programs and Services for the Bow Valley

102 Spray Ave. Banff | 403.760.3200 | ywcabanff.ca

- Free and confidential counselling for those experiencing domestic and/or sexual violence, or for those supporting them
- Emergency shelter
- Affordable transitional housing

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